



SPONSORED BY



**JULY 31-AUGUST 10, 2016** 



candinavia is a land of romance and saga, rich with fantastic stories and tales of Vikings, with a history closely tied to the sea. Located between the North and Baltic seas, the region is dotted with pristine fjords, rolling countryside, colorful towns and bustling cities. Explore Denmark and Norway by foot, train, boat and bus and enjoy a once-in-a-lifetime experience in a seemingly untouched region of the world.

## PROGRAM HIGHLIGHTS

- Groups are limited to 28 travelers to maximize your travel experience.
- ► Enjoy an overnight ferry ride and witness the dramatic Oslo Fjord.
- ► Marvel at one of Europe's largest plateaus on the **Bergen Railway.**
- ➤ Thrill to the **Highlights**of **Norway** as you
  ascend to new heights
  on one of the world's
  steepest train rides, cruise
  the **Sognefjord** and
  delight in a breathtaking
  overland journey.
- Experience Hans
   Christian Andersen's
   Copenhagen and the city's other highlights.
- ➤ Delve into Nordic history, traditions and culture during excursions and lectures.

## | UNESCO |

**Bryggen, the old wharf of Bergen**, is the UNESCO World
Heritage site featured on
this program.



## Dear Club Traveler,

Scandinavia evokes thoughts of Nordic mariners charging the waves aboard gracefully arched Viking ships. Its landscape is imprinted with the last ice age: stunning fjords, jutting glacier-covered mountains and crystal-blue lakes.

This unique program offers the opportunity to explore picturesque Denmark from your base in fairy-tale Copenhagen and to discover legendary Norway, featuring stays in cosmopolitan Oslo and charming Bergen. Throughout the trip, enjoy memorable experiences such as a ferry ride through Oslo Fjord and an impressive journey on the Bergen Railway — as you witness the natural beauty of the region.

An experienced Travel Director and dedicated staff are committed to providing exciting excursions, stimulating lectures and ample leisure time, ensuring you an unforgettable experience. This is an exclusive travel program at an outstanding value.

Space is limited to ensure maximum traveling comfort, so we encourage you to make your reservation today!

Best travel regards,

Kristina Nemeth

Director of Club Travel

For further details, please contact Club Travel at 415-597-6720, or email us at travel@commonwealthclub.org.

"Nature is not only all that is visible to the eye ... it also includes the inner pictures of the soul."

~ Edvard Munch,

Norwegian painter ("The Scream") and printmaker, 1863-1944

"It is the great north wind that made the Vikings."

~ Scandinavian proverb

"Enjoy life. There's plenty of time to be dead."

~ Hans Christian Andersen, Danish author, 1805-1875

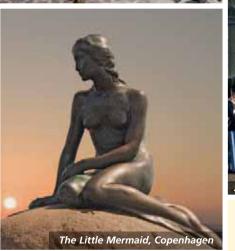
"Traveling — it leaves you speechless, then turns you into a storyteller."

> ~ **Ibn Battuta,** Moroccan explorer, 1304-1377









Begin in Copenhagen, home to castles, canals and storybook charm. Sail through the Oslo Fjord to Norway's capital to explore Oslo's rich culture and Viking history. Venture through the country's impressive countryside via a renowned railway to Bergen, whose Old Town boasts a legendary waterfront, and witness the crystalline Sognefjord and quaint Flåm.

### DAY ONE

Depart for Copenhagen, Denmark.\*

\*Provided for AHI FlexAir Passengers.

#### DAY TWO

#### COPENHAGEN, DENMARK

Upon arrival, transfer\* to the Copenhagen Admiral Hotel and check in.

**Independent Exploration:** Spend the afternoon at leisure exploring Copenhagen. Consider a stroll through the center of the city, which is easily accessible from the hotel.

Later, gather with your fellow travelers for a Welcome Reception.

## DAY THREE COPENHAGEN

the European Union.

BIL

**Educational Focus:** *Contemporary Scandinavia.* Enjoy a discussion about current issues in the region and its role in

**Excursion:** *Castles and Canals.* Explore Rosenborg Castle, a 17th-century treasure built in Dutch Renaissance style by King Christian IV, and see the Crown Jewels and other royal treasures. Later, cruise along Copenhagen's beloved waterways and see some of the bustling capital's most renowned sites, including the Opera House, Amalienborg Palace and The Little Mermaid, the treasured landmark designed in 1913 by Edvard Eriksen.

**Local Flavor:** Savor local specialties during lunch at a Copenhagen restaurant.

**Independent Exploration:** Spend the afternoon pursuing individual interests. Perhaps visit picturesque Tivoli Gardens.



# Norway by Rail

Norway boasts an impressive rail network that spans more than 2,000 miles — crossing more than 3,000 bridges and going through more than 750 tunnels — and there is no better way to explore this massive country than by riding on its trains, which cross through cities and the countryside, exposing passengers to Norway's lush landscape and crystalline waters along the way.

During this program, you will travel from Oslo to Bergen aboard the Bergen Railway, consistently ranked as one of the world's most scenic rail journeys. Between Norway's two main cities lies the imposing Hardangervidda, one of Europe's largest mountain plateaus as well as one of its largest national parks. Look closely as you pass through, and you might see reindeer, which winter in the eastern region of the plateau and travel west during breeding season.

A few days later, you will experience more of the Bergen Railway en route to Myrdal, then a detour on the Flåm Railway will take you to the route's namesake city. Another world-famous train journey, the Flåm Railway boasts some of the steepest rail lines on the planet — you descend almost 3,000 feet from Myrdal to Flåm in about an hour — and some of Norway's most breathtaking views.

В

#### DAY FOUR

COPENHAGEN

**Excursion:** *Hans Christian Andersen's Copenhagen.* No one can think of Denmark without also thinking about Hans Christian Andersen, famous for his stories that have delighted millions of children and adults alike. Enjoy a walking tour into the fairy-tale land of the famous writer as you stroll through quaint alleys and charming squares and learn about the lifestyles of local residents and famous Danes, including Anderson, who spent much of his life here.

**Independent Exploration:** Spend the remainder of your last full day in Copenhagen at leisure.

## DAY FIVE

BID

### COPENHAGEN | CRUISING

**Independent Exploration:** Take advantage of free time this morning for a last visit to one of Copenhagen's treasures.

This afternoon, transfer to the port to board an overnight DFDS Seaways ferry to Oslo, Norway. Settle into your private cabin or witness the breathtaking views from the deck as the ship sails toward the Oslo Fjord.

#### DAY SIX

BIL

## OSLO, NORWAY

After breakfast, admire the Norwegian coastline as the ship approaches Oslo.

**Excursion:** *Oslo.* This city offers something for everyone, including breathtaking vistas,





peaceful parks and fascinating museums. Admire the Holmenkollen Ski Jump and visit its museum, which highlights the history and importance of skiing in Norway. Finally, stroll the grounds at Vigelandsparken, the city park famous for its sculptures by Gustav Vigeland.

**Local Flavor:** Savor regional specialties during lunch at an Oslo restaurant.

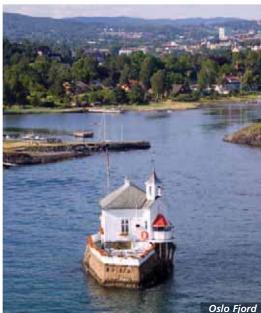
Continue to the Radisson Blu Scandinavia and check in.

**Independent Exploration:** Spend the remainder of the day at leisure.

## DAY SEVEN

#### OSLO

**Excursion:** *Nordic Seafarers.* Visit the Viking Ships Museum, home to the Gokstad, Tune and Oseberg — the world's best-preserved Viking ship — ships as well as Viking ships found along the Oslo Fjord, some buried in the waters for more than 1,000



years. Continue to the Kon-Tiki Museum, and see the original Kon-Tiki raft (1947) and the papyrus boat Ra II (1970).

**Independent Exploration:** Spend your last afternoon in Oslo at leisure.

## DAY EIGHT

BII

## OSLO | BERGEN

**Excursion:** *Bergen Railway.* Delight in a remarkable rail journey from Oslo to Bergen on one of the world's most scenic routes. Cross the Hardangervidda, a massive plateau rich in flora and fauna. The tracks climb to Finse, the highest point on the route, then the landscape changes dramatically as the train edges along dramatic fjords, tumbling waterfalls and green forests.



Upon arrival in Bergen this afternoon, check in to the Radisson Blu Royal Hotel.

**Independent Exploration:** Spend the remainder of the day at leisure.

DAY NINE

В

#### BERGEN

## Educational Focus: The Origins and Cultural Influence of Norway's Fjords.

Learn how the Sognefjord —Norway's largest fjord — and Hardangerfjord — its longest — were formed and how they affect the region.

**Excursion:** *Bergen.* Nestled beside a harbor and surrounded by mountains and fjords, Norway's second largest city is said to have "its head in the sky and its feet in the sea." View King Haakon's Hall, Rosenkrantz Tower, Hanseatic warehouses and St. Mary's Church. Then, visit the home of Edvard Grieg.

**Independent Exploration:** The rest of the day is at leisure.

DAY TEN

BILID

### BERGEN | FLÅM

## Excursion: Highlights of Norway.

Admire breathtaking views during a panoramic journey through Norway. Depart by train and travel along the eastern fjords to Myrdal, then switch to the famous Flåm line, from which you will witness some of Norway's best scenery. In Flåm, at the edge of the unspoiled Aurlandsfjord, enjoy time at leisure. Later, cruise on the flawless Sognefjord, the King of Fjords, to Gudvangen, or "gods place by the water." Enjoy a scenic drive to lovely Voss, touted for its beautiful setting, which





features mountains, forests, lakes and waterfalls, then return to Bergen via train.

Tonight, gather with your fellow travelers to recount your Scandinavian adventure during a Farewell Dinner.

DAY ELEVEN

В

#### IN TRANSIT

After breakfast, transfer to Bergen airport for the return flight to your gateway city.

NOTE: Itinerary sequence and/or scheduled events may change. Some excursions on this program may involve an element of walking.

Included meals indicated each day as  $B \mid L \mid D = Breakfast/lunch/dinner$ .

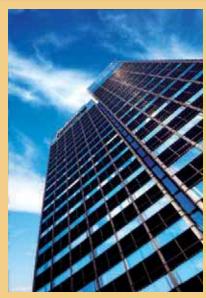
## | ACCOMMODATIONS |





COPENHAGEN ADMIRAL HOTEL
COPENHAGEN

Situated near local attractions, including Gefion Fountain, the uniquely designed Copenhagen Admiral Hotel is housed in a converted 18th-century warehouse. Enjoy a drink in its renowned bar and restaurant. Each guest room features exposed wooden beams and a maritime ambience. Complimentary Wi-Fi is available.



RADISSON BLU SCANDINAVIA

Ideally located near Karl Johans Gate and the Oslo Fjord, the Radisson Blu Scandinavia boasts convenience to local attractions as well as breathtaking views of Oslo's natural setting. After a day of exploring the city, perhaps take a lap in the indoor pool, work out in the fitness center or have a drink in the hotel's bar. The well-appointed guest rooms are finished with modern décor. Complimentary Wi-Fi is available.





**DFDS SEAWAYS** 

Stay in private, outward-facing Commodore Class cabins as the ferry cruises overnight from Denmark to Norway. Take advantage of shopping on the ship, or enjoy live entertainment. Complimentary Wi-Fi is available.





RADISSON BLU ROYAL HOTEL

BERGEN

Located on Bergen's beautiful waterfront in the Bryggen district, a UNESCO World Heritage site, the Radisson Blu Royal Hotel incorporates the traditional aesthetic of this historic area and offers a convenient base from which to explore Bergen. Each night, relax in your well-appointed guest room, decorated with comfortable yet modern finishes. Complimentary Wi-Fi is available.

#### Reserve your trip to Scandinavia today! ing in AHI's FlexAir. Fees for passports and, if applicable, visas, entry/departure fees; personal gratuities; laundry and dry cleaning; excursions, wines, liquors, mineral waters and meals not mentioned in this brochure under included features; travel Trip #:9-22876 insurance; all items of a strictly personal nature. Send to: Commonwealth Club Travel MOBILITY AND FITNESS TO TRAVEL-The right is retained to 555 Post St. decline to accept or to retain any person as a member of this San Francisco, CA 94102 trip who, in the opinion of AHI Travel is unfit for travel or whose physical or mental condition may constitute a danger to them-selves or to others on the trip, subject only to the requirement Please contact the Commonwealth Club of California at (415) 597-6720, or fax (415) 597-6729, or travel@commonwealthclub.org with questions regarding this that the portion of the total amount paid which corresponds to the unused services and accommodations be refunded. Passengers requiring special assistance, including without limitation those who permanently or periodically use a wheelchair, must be accompanied by someone who is fit and able to assist Full Legal Name (exactly as it appears on passport) them, and who will be totally responsible for providing all required assistance. AIR TRANSPORTATION-The price of air transportation offered Title First Date of Birth by AHI Travel is based on Advance Purchase Excursion fares. After tickets are issued, penalties up to 100% of the ticket price may be levied. If connecting flights are requested, special promotional fares may be used, in which case penalties of as much as 100% may be assessed by the airlines if reservations are Email: changed or canceled after ticketing. After departure, if the reser vations are changed, you will be charged the higher, all year Economy class fare. VARIATIONS TO THE GROUP ITINERARY MUST BE REQUESTED NO LATER THAN 60 DAYS PRIOR TO Middle DEPARTURE. Passengers who choose to make their own airline Date of Birth reservations independently will be wholly responsible for any airline fees or penalties incurred as a result of program cancel lation and/or change in travel dates, or airline schedule(s). BAGGAGE-Baggage restrictions vary according to the airline policy and the class of service flown. Details will be provided with your pre-departure information. Baggage allowances are subject to change by the carrier without notice. Excess baggage charges for additional or oversized/overweight pieces are expen-Street Address: sive and not included in your trip price; plan your wardrobe accordingly. Transport of baggage and personal effects is at the owner's risk throughout the travel program. AUTHORITY TO USE IMAGES AND AUDIO RECORDINGS-On occasion, AHI Travel obtains, from its staff, or from trip participants, photographic or video images of passengers and trip activities. 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By forwarding ☐ I request assistance in securing a roommate but will accept a single, if one is the deposit, the passenger certifies that he/she has no physical available at this time, and pay the single supplement. Should a roommate be mental or other condition of disability that would create a hazfound, I understand the supplement will no longer apply. ard for himself/herself or other passengers and accepts the terms of this contract set out herein and in more specific pre-departure passenger information. The airlines and other transportation Reservations are subject to availability and processed on a first come, first served basis. Reservations to be paid in full by May 17, 2016 (75 days prior to deparcompanies concerned are not to be held responsible for any act, omission, or event, during the time passengers are not on board their conveyances. The passage contract in use, when issued, ture). Reservations received after this date must be accompanied by payment in full. Final payment may be made by personal check, MasterCard, Visa, Discover shall constitute the sole contract between the company(ies) and or Amex. Make checks payable to AHI Travel. the passenger and/or purchaser of this trip. Commonwealth Club of California-CST# 2096889-40 Enclosed is a deposit of \_ \_ (\$600 per person required) CANCELLATION-In addition to airline cancellation penalties, all to reserve \_\_\_\_\_ place(s). cancellations for any reason whatsoever will be subject to a \$250 per person administrative fee. {Please note that you may choose, at the time of cancellation, to apply the withheld administrative fee to a future AHI Travel program that will operate in the cur-rent calendar year or year following.} Cancellation from 120 Accept my check made payable to AHI Travel. □ Charge my: □ MasterCard □ Visa □ Discover □ Amex days to 76 days prior to departure will result in forfeiture of 10% of the entire cost of the trip per person; 75-30 days, 50% of the trip cost per person; cancellation from 29 days up to the time of departure will result in 100% forfeiture of the entire cost of the Card # TRIP CANCELLATION INSURANCE IS AVAILABLE. AN APPLICATION WILL BE SENT AFTER YOU RESERVE. All cancellations must be submitted in writing to AHI International Corporation and the Commonwealth Club of California. (Signature as it appears on credit card) Calif. Seller of Travel Reg. No. 2028271-20, Fla. ST Please note: Any payment to AHI International constitutes your acceptance of the Reg. No. ST-36196, Iowa ST Reg. No. 520, Nevada ST terms and conditions set out herein, including but not limited to the cancellation terms. Reg. No. 2003-0257, Ohio ST Reg. No. 8889139, Wash. State ST Reg. No. 601-820-781. PARTICIPAT-

NOT INCLUDED-Airport transfer costs for those not participat-

ING AIRLINES-all IATA and ARC member carriers. ©2015 AHI Travel Printed in the USA.

## LAND PROGRAM

## **August 1-10, 2016**

Full Price	Special Savings	Special Price*
\$4,245	\$500	\$3,745*

\*Special Price valid if booked by April 12, 2016. VAT is an additional \$495 per person.

All prices quoted are in USD, per person, based on double occupancy and do not include air transportation costs (unless otherwise stated). Single accommodations are an additional \$795 (limited availability).

## **AHI FLEXAIR**

## July 31-August 10, 2016

Our personalized air program allows you to select your flights, routing, class of service and dates of travel in consultation with one of our experienced Passenger Service Representatives. Airfares will vary, depending on airline, routing and class of service. In most cases, transfers between the airport and hotel/cruise ship will be included on arrival and departure days. Your Passenger Service Representative will provide you with all of the details you need to guarantee your transfer. Book your air with us to ensure assistance in the case of schedule changes or delays that may impact your air travel plans. AHI FlexAir participants automatically receive flight insurance worth up to \$250,000, subject to policy terms.

## **ITINERARY**

Day 1 Depart Gateway City
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Day 2 Copenhagen, Denmark

Day 3 Copenhagen

Day 4 Copenhagen

Day 5 Copenhagen | Cruising

Oslo Fjord

Day 6 Oslo, Norway

Day 7 Oslo

Day 8 Oslo | Bergen

Day 9 Bergen

Day 10 Bergen | Flåm

Day 11 Return to Gateway City\*

**Note:** Itinerary subject to change. Provided for AHI FlexAir participants.



## | INCLUDED FEATURES |

## **ACCOMMODATIONS**

- Three nights in Copenhagen, Denmark, at the Copenhagen Admiral Hotel.
- One night aboard a DFDS Seaways ferry.
- Two nights in Oslo, Norway, at the Radisson Blu Scandinavia.
- Three nights in Bergen at the Radisson Blue Royal Hotel.

#### **MEALS**

- Enjoy an extensive meal program, featuring nine breakfasts, four lunches, and two dinners. Tea or coffee is included with all meals.
- Take advantage of leisure time to try local cuisine independently.
- Attend a Welcome Reception and a Farewell Dinner.

### **TRANSPORTATION**

 All ferry rides, train rides and deluxe motor coach transfers in the Land Program itinerary and baggage handling on these transfers are included.

## YOUR EXCITING TRAVEL PROGRAM (For details, see the day-by-day itinerary.)

• **Informative educational programs,** presented by local experts, will enhance your insight into the region.

## | Optional Three-night | Pre-trip Stockholm Extension

Before the main program begins in Copenhagen, enjoy a three-night extension in cosmopolitan Stockholm, a capital city spread across more than a dozen islands on the Baltic Sea. Take a tour of Old Town and spend ample time at leisure in the city.

This extension includes all taxes and service charges; round-trip transfers between the Stockholm airport and the hotel (Note: Transfers are guaranteed for AHI FlexAir passengers traveling on qualifying flights); flight between Stockholm and Copenhagen; three nights at the Radisson Blu Waterfront Hotel; three breakfasts; a half-day walking tour; entrance fees; a guide; and gratuities.

 Personal VOX listening devices allow you to hear every word from your expert, English-speaking guides.

#### All excursions:

- Explore Copenhagen and cruise the city's storied canals.
- Take a walking tour focused on Hans Christian Andersen.
- Discover Oslo, including its famous sculpture park.
- Visit museums focused on Norway's seafaring history.
- -Ride on the renowned Bergen Railway.
- Admire Bergen and landmarks in its Old Town.
- Enjoy a train and boat tour of Norway.

## MANY INCLUDED EXTRAS

- Consultation services of a dedicated
   Passenger Service Representative prior to departure.
- Services of an experienced Travel
   Director throughout your stay.
- **Tipping** of excursion guides and drivers.
- Detailed travel and destination information to assist in your planning.
- Complimentary travel wallet.



\$1,395 per person, double occupancy \$1,840 per person, single occupancy



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**Book by 4/12/2016** 

Special Offer

and save \$500

per person!

featuring Denmark & Norway

Presorted Std. U.S. Postage Paid AHI Travel

> Magnificence July 31-August 10, 2016 Nordic